

The Leader in Me

Habit 2 – Begin with the End in Mind

- I plan ahead and set goals.
- I do things that have meaning and make a difference.
- I am an important part of my classroom and contribute to my school's mission and vision.
- I look for ways to be a good citizen.



Hi Parents!

Zig Ziglar said, "If you aim at nothing, you'll hit it every time." Habit 2 is all about having a target and working towards something meaningful. Students learned this week that leaders set goals by having an end in mind, showing perseverance & doing things that have meaning and make a difference in their life and the lives of others.

Tips for Home:

- Discuss the quote of the week and how it relates to beginning with the end in mind.
- Read a book from the included book list with your child and discuss how the characters did or did not put habit 2 into action.
- Use an analogy to discuss the importance of beginning with the end in mind - a recipe, looking at a map before a trip, a puzzle, training for a race, etc.
- Create a family mission statement and discuss how each family member will contribute to the family's mission.
- Share a personal experience about a time you set a goal and the steps you took to reach it.
- Discuss the importance of goal setting and help your child set a couple long terms goals.
- Each day before school, set a daily goal and then check in with your child at the end of the day to see if the goal was reached.
- Discuss the importance of perseverance and having a growth mindset (**info on other side**) when living habit 2, emphasizing that people don't always reach their goals initially.
- Adopt the word YET in your vocabulary. For example, if your child says, "This is too hard. I can't do it." You say, "You just can't do it, YET!"
- Create a Good Citizen Is/Is Not T-chart - you could also show different pictures that do and do not show citizenship and have your child sort them correctly, discussing the pictures as you go along.

Quote of the Week:

"Setting goals is the first step in turning the invisible into the visible."
-Anthony Robbins

Habit 2 Picture Books

The Very Busy Spider (Carle)
Whistle for Willie (Keats)
Click, Clack, Moo (Cronin)
Pancakes, Pancakes (Carle)
Galimoto (Williams)
Wake Up Henry Rooster (Ruurs)
The Great Serum Race (Miller)
The Hundred Penny Box (Mathis)
How We Are Smart (Nikola-Lia)
Miss Rumphius (Cooney)
The Carrot Seed (Krauss)
Mirette on the High Wire (McCully)
Nadia, The Girl Who Couldn't Sit Still (Gray)
The Boy Who Harnessed the Wind (Kamkwamba & Mealer)

Goal Visuals...

Draw stairs and write the goal on the top step, with action steps to reach the goal on the other stairs.

Draw a big target and write the goal in the bullseye. Track progress by moving a paper dart closer to the bullseye as progress is made towards reaching the goal.