



The Leader in Me

Habit 3 – Put First Things First

- I spend my time on things that are most important.
- This means I say no to things I should not do.
- I set priorities, make a schedule, and follow my plan.
- I am disciplined and organized.



Hi Parents!

This week we focused on Habit 3, Put First Things First. Our Cubs learned about the key concept of this habit, work before play. We discussed doing things in order of importance and talked about setting priorities during morning ceremony.

Tips for Home:

- Discuss the quote of the week and how it relates to putting first things first.
- Read a book from the included book list with your child and discuss how the characters did or did not show habit 3.
- Create an Important/Not Important T-chart that includes all the things kids want and need to do.
- Define priority and give examples of priorities in your life. Discuss what your child's priorities should be.
- Create a 4 quadrant priorities chart (pic included) and have your child give examples of things that would belong in each box.
- Discuss the importance of putting first things first – you could do If...then statements – If I study for my math test before I play outside, then I will probably get a good score and still get to have fun.
- Create a daily To Do list with your child and have him or her check things off as they're complete.
- Post a weekly family schedule so your child sees everything going on for the week. Include time for chores & homework and discuss managing time when there is a lot going on.
- Use the language in the habit as much as possible. When you see your child putting first things first, point it out, "I see you're putting first things first by completing your homework before playing video games."

Quote of the Week:

“Tomorrow belongs to those people who prepare for it today.”

- African Proverb

Habit 3 Picture Books

Froggy Gets Dressed (London)
The Little Red Hen (Galdone)
The Very Hungry Caterpillar (Carle)
Alejandro's Gift (Albert)
Jamaica's Find (Havill)
Dear Children of the Earth (Schimmel)
The Slapshot Star (Miller)
Hurry up, Franklin (Bourgeois)
Pancakes For Breakfast (DePaola)
The Day Jimmy's Boa Ate the Wash (Noble)
Miss Nelson is Missing (Allard)
Galimoto (Williams)
Elbert's Bad Word (Wood)
The Boy of the Three Year Nap (Snyder)
The Emperor and the Kite (Yolen)

